

EOD WARFARE OFFICER COMMUNITY MANAGER NAVY RESERVE OFFICER TRAINING CORPS (NROTC) APPLICATION CHECKLIST FOR EOD WARFARE TRAINEE (1190)

(Updated 30 September 2025)

PURPOSE: Midshipmen interested in joining EOD Warfare need to talk to their Naval Science Instructor. There will be an Official Mail Message (OMM) from Naval Service Training Command (NSTC) released in December for EOD Summer Training & Assessment (ESTA) applications. Applicants will need to take the physical screening test and apply for ESTA. The EOD Program is a “first choice only” selection process.

EOD Warfare accesses a limited number of NROTC Midshipmen during their senior (1/c) year. The EOD Accessions Board meets once per year in September and will include video teleconference interviews with all NROTC candidates. All applications for NROTC Midshipmen are processed by NSTC N94.

****Packages are due to NSTC N94 per current year’s Official Mail Message****

PROFESSIONAL DOCUMENTS/EXPLANATION		
Documents needed as part of BASIC APPLICATION		
1	☐	Complete NSTC Service Selection Package provided by NSTC N94. (Items listed in #2-13 below).
2	☐	Complete your request for EOD Warfare Program. See Note (1).
3	☐	Complete your Duty Preference/Recommendation endorsed by your NROTC Unit CO, to include first choice designator (1190 – EOD Warfare Trainee). See Note (2).
4	☐	Physical Screening Test Letter. See Note (3)
5	☐	Personal Motivation Statement (not to exceed 500 words). See Note (4)
6	☐	Required EOD Resume.
7	☐	Letters of Recommendation. No more than 3. See Note (5)
8	☐	Official College Transcript
9	☐	NETC High Risk Medical Screening Questionnaire
10	☐	Most Recent Navy Physical Exam
11	☐	Most Recent Physical Health Assessment/Sports Physical w/ Vital Signs and EKG (w/in 12 months of ESTA start date).
MEDICAL DOCUMENTS (Required prior to Commissioning and Dive School)		
12	☐	Report of Medical History/Accessions Medical History (DD 2807-1 and/or DD 2807-2). See Note (6)
13	☐	Report of Medical Examination (DD 2808). Include all attachments & consults. Must be completed in accordance with NAVMED P-117. See Note (6)
	☐	Entire packages will be submitted via NSTC N94. NSTC N94 will coordinate with EOD OCM for candidate packages. If there are questions, email EOD OCM eod_ocm.fct@navy.mil .

Notes:

- (1) On OCM webpage, click “NROTC Request for EOD Warfare Program”
- (2) On OCM webpage, click “NROTC Duty Preference and Recommendation w Endorsement.” MIDN may have 1180 (SEAL Officer Trainee) as their first choice designator prior to ESTA, but must be 1190 first choice prior to Accessions Board.
- (3) On OCM webpage, click “PST Template” under “Quick Links”.
- (4) Discuss why you want to be an EOD Officer. Highlight your strengths, accomplishments, and leadership experience.
- (5) Letters of Recommendation (LOR) should be addressed to “President, EOD Warfare Officer Accessions Board.” ESTA candidates do not require an EOD Officer recommendation.
- (6) DD 2808, DD 2807-1/2 will be completed by a Military Treatment Facility (MTF). May not have any medically disqualifying conditions (as found in MANMED Articles 15-102 & 15-105). Ideally, all candidates would complete Item #12-13 prior to ESTA, but may be unable due to geographic location. If not completed prior to ESTA, items #12-13 must be completed prior to commencing Dive School and bottom lined by an Undersea Medical Officer (UMO).

Additional Resources

Regulations for Officer Development for NROTC (COMNAVSERTRACOMINST 1533.2)

MPM 1210-230 EOD Officer

MPM 1220-410 PST Standards and Procedures

NAVMED P-117 (Ch. 15, Articles 102 and 105)